



LINGGUI

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TRIP OF MEDITATION IN CHINA

With Dr. Liu Dong

In Si Chuan Province and region of Tibet, with different important masters, Taoist
and Buddhist monks

May 20-June 2, 2018

15 days – Price 2,300 USD

Study Program:

- Practice meditation and Qi Gong in the Taoist temple of He Ming Shan
- Retreat and meditation in the Buddhist temple of Wen Shu Yuan
- Retreat and meditation in the Tibetan temple of Cha Li and Guan Yin
- Study of Tibetan Medicine in a hospital

Program:

Day 1– Chengdu

Arrive in Chengdu/Afternoon:
Visit Old Town of Kuan Zhai
Xian/Practice Qi Gong with Dr.
Liu Dong.

Day 2 – Chengdu

Morning: View the relics and
study meditation in the temple
of Wen Shu Yuan/Afternoon:
Meditation.

Day 3 – He Ming Shan

Practice meditation and Qi
Gong with a Taoist monk
Conference about Tao.

Day 4 – He Ming Shan

Practice meditation in the cave
where Lao Zi had a retreat
on the summit of the
mountain.

Day 5 – Chengdu/Ma Er Kang

Visit the old town of Qiang

Group A Altitude 2400m

Day 6 – Ma Er Kang

Day 7 – Ma Er Kang

Day 8 – Ma Er Kang

Day 9 – Ma Er Kang

Guan Yin

Introduction of Tibetan
meditation/Visit Tibetan
temples.

Group B Altitude 3500m

Day 8 – Ma Er Kang/Aba

Day 9 – Aba

Visit and practice meditation in
the temple of Cha Li/
Conference with the Living
Buddha.

Day 10 - Aba

Practice meditation and watch
spiritual debates of the young

lamas in the temple of Cha Li
or in another temple.

Day 11 – Aba Guan Yin

Day 12 – Guan Yin

Practice Meditation and
Mantra with lamas in the
temple.

Day 13 – Guan Yin Chengdu

Day 14 – Le Shan

Visit the statue of the Great
Buddha. Departure to
Chengdu in the evening.

Day 15 – Chengdu

Visit Buddhist or Taoist
temple/ free time in the
afternoon.

The price includes:

- Travel and visits planned in the program
- 3 or 4 -star hotel accommodations
- All of the meals
- Fees to guides and interpreters
- Tuitions to teaches and masters

THE PRICE DOES NOT INCLUDE:

- Air ticket
- Visa to China application fee and any personal expenses
- Trips and tours not mentioned in the program
- Provide 60 USD for tips (guides and drivers)

CONDITIONS FOR TRAVEL

- **Cancellation fees** (only in case of force majeure proved by the participant):
- No later than one month before departure: 600 USD (the same amount as Registration Fee)
- Within one month and departure time: 50% of the total price

PAYMENT:

- 600 USD with the registration form before December 30, 2017; and the balance of **1,750 dollars** must be paid before April 15, 2018
- It is your own responsibility to obtain the visa to China, and we will provide you all the information necessary in case of need.
- Your passport must be valid for more than six months after the departure date from China.
- The program is subject to change according to the masters' and teachers' schedules. And you will receive a final program with details one month prior to the departure.

Please send the Registration Form to: LING GUI Healing School – 3011 Glenn Ave, Santa Monica, CA 90405



Registration Form for Trip to Si Chuan – May 20-June 2, 2018

First Name:

Surname:

Address:.....

.....

Telephone:

Mobile phone:

E-mail:.....

Date of Birth: Profession:

Passport Number:

Signature:

- Registration fee: 600 USD to LING Gui Healing School
- The balance of 1,700 USD will be paid by April 15, 2018
- Enclosed is a photocopy of the first page of my passport

