

Qigong TuiNa Program

The difference between the QiGong TuiNa and the normal TuiNa is that the first one pays attention to the importance of “INTENTION” (Yi) in the practice. What is Yi? Yi is the concentration of the power of thinking. One concentration takes place of ten thousand thoughts. We focus our whole mind on the inside of our body and achieve a state of Tranquility of Heart, Clarity of Shen and Purity of Intention.

The purity of intention of a person brings the integrity of Qi in their body; they can gain lots of energy and power as a result. QiGong TuiNa uses the integration of Intention, Power and Qi to deliver Shen and energy to patients by using diverse pointing techniques. This practice can bring all the positive factors of Jing, Qi and Shen of these patients into play. This then achieves the purpose of prevention and treating.

- By Dr. Liu Dong

5 Weekends + a 5-day Summer Retreat

I. 5-day Summer Retreat: July 26-30, 2006

Theory:

- Theory of three spirit: Yuan Shen (original Shen), Shi Shen (Spirit of Knowledge) and Yu Shen (Spirit of Desire)
- Yi (Power of Intention)
- Three Hun and seven Po

Practice:

- Special Tui Na techniques for the head
- Eight QiGong TuiNa techniques
- Method of Delivering Shen
- Hui Gong 3 (Method of practicing intention and delivering brightness)

Speakers: Dr. Liu Dong and Master Liu He

(photography by Phyllis Lefon)



II. September 23rd – 24th, 2006

- Theory:
- Taoist method of women's Nei Dan
 - The picture of cultivating the Purity for women (Descriptions of the moon and women's Conception Vessel and Governor Vessel)
- Practice:
- Hundred birds returning to their nest (healing gynecological problems and emotional imbalances)
 - Method of Ba Gua on the navel (healing gynaecological problems)

Speaker: Master Liu He

III. November 4th – 5th, 2006

- Theory:
- Special Tui Na techniques for the cervical
 - Taoist theory of He Tu Luo Shu
 - Method of integration, nine temples and Ba Gua (with pointing techniques)
- Practice:
- Diagnosing Method, Distributing Qi Method and Delivering Qi Method
 - Dragon Tiger gates Qigong, a 14th century Taoist Qigong especially developed to deliver potent Qi to your hands
 - General Mudra and Method of healing with Mantra

Speaker: Dr. Liu Dong

IV. January 27th-28th, 2007: Workshop of Cancer

- Theory:
- Special TuiNa techniques for the dorsal and lumbar
 - Diagnostic and healing of cancer from the CTM theory
 - Yi (Power of Intention)
 - Three Methods of QiGong TuiNa for healing cancer: Strengthening of Yang, Improving Circulation of Qi and Releasing Emotions.

- Practice:
- Inhaling-Inhaling-Exhaling (movements) (A Chinese popular method for healing cancer)
 - Techniques practice : method of Strengthening of Yang, method of Improving Circulation of Qi and method of Releasing Emotions.

Speaker: Dr. Liu Dong

V. March 24th-25th, 2007: Workshop of ophthalmology problems – Hammer Therapy

- Theory:
- The relationship between Five Wheels and Five Brains
 - Emotions and ophthalmology

- Practice:
- Hammer treatment
 - Method of the three Yin and the three Yang Meridians
 - QiGong of Wheel of Light (Taoist Method to clarify the eyes)

Speaker: Dr. Liu Dong

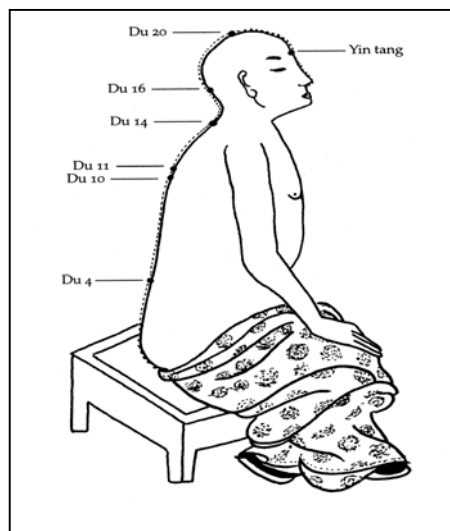
VI. May 19th-20th, 2007: A special workshop with a Taoist master. He is the director of Temple of White Clouds in Beijing, China and the 14th generation of the school of Sang-Feng.

- Theory:
- Special TuiNa techniques for the shoulders, elbow and knees
 - Method of Tan-Dao
 - Taoist method of Delivering Qi

- Practice:
- Method of Returning Yang by nine Turnings

Speaker: Master Zhao Chang Fu

Workshop topics may be substituted or added.



Tui Na and Healing Qi Gong – 1 Year Program

Entrance Requirement:

- ◆ Health Professional (including acupuncturist, Naturopath, chiropractor and medical doctor)
or
- ◆ Massage Therapist with some qigong experience.
or
- ◆ Minimum 5 years Qigong practice.

◆ Fees & Tuition

Tuition: \$ 1900 (with 10% discount if paid in full before July 26, 2006)

Books \$ 75

*Fees do not include lodging, transportation, or meals at Study Weekends or Retreats

Weekend Classes are held in Seattle, Washington

and Summer Retreat in Portland, OR

For Continuing Education hours, a certificate will be given for Healing Tui Na Qigong.

Ling Gui International Healing Qigong School Registration Form

Workshop Dates – Tui Na and Healing Qigong (2006)

Summer Retreat: July 26 to July 30, 2006

Workshop 1: September 23/24, 2006

Workshop 2: November 4/5, 2006 Workshop 3: January 27/28, 2007

Workshop 4: March 24/25, 2007 Workshop 5: May 19/20, 2007

Name _____

Profession _____

Mailing Address _____

City/State/Zip _____

Phone (home) _____ E-mail _____

Please send us: 1) **This form, completed and signed – May 1, 2006.**
 2) **\$200 minimum deposit towards the full tuition.**

Tuition & Fee Payments

Tuition: \$1900

Tuition Early Payment Plan: 10% discount when remaining tuition is paid in full before the first class, by July 26th, 2006. (\$1900 less \$190 discount = \$1710; less \$200 deposit = \$1510.)

Tuition Deferred Payment Plan: Students may pay the remaining tuition (\$1700) in three payments of \$566.66; the first by September 24th, 2006; the second by November 4th, 2006; and the third by January 27th, 2007.

Book Fee: \$75 due on July 26, 2006.

Refund & Transfer Policy:

Upon payment, all monies are non-refundable and non-transferable.

If the program is cancelled for any reason, you receive a 100% refund of all payments.

Applicant Agreement to Participate in Ling Gui International Healing Qigong School:

Whereas when Qigong is properly practiced, it is extremely beneficial and presents minimal risk to one's health, please consult your physician if you are in doubt of your capabilities or have special health concerns.

Please read the following and sign below:

I understand: 1) that Ling Gui International Healing Qigong School, its founders, directors, students, heirs or assigns are not liable for harm that may result from my study and practice of these forms; 2) that upon acceptance to Ling Gui, I am responsible for fulfilling all the conditions and requirements of the Program; 3) that I must be certified by the Liu Family in any method that I teach from Ling Gui International Healing Qigong School; and 4) that all monies, once paid and accepted, are non-refundable and non-transferable.

Signature _____ Date _____

**Please make checks or money orders out to LIHQS and mail to:
Ling Gui International Healing Qigong School
Business Office: 1631 NE Broadway #409-Portland, OR 97232-1425**